

Very dear Sister

Like you, I have felt sentiments of gratitude at the sight of the favors our good God is so visibly granting our very dear Sister N. Yes, through all eternity we will sing of the mercies of the Lord. That thought must give us courage and enable us to overcome all the obstacles that might be set in the way of our efforts in the service of the God of love whom we serve.

Take great care that all the Sisters without excepting Sister N. hold themselves very straight, make them do that exercise very frequently: with their hands straight and reaching towards heaven; their arms and shoulders firm and naturally drawn back a little and their bodies straight and their abdomens not protruding. Never let pass a mistake of this kind without correcting it. This is specially important among you.

Receive my blessing; you know with what sentiments I give it to you. Pray also for me so that I may always fulfill my duties faithfully as a

Spiritual Father
C. G. Van Crombrughe

Ghent, 22nd February 1837